

The Supreme Ritual of the Aeon  
RITE PROPER

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Facing East, in an attitude of adoration or prayer<sup>1</sup>, exclaim:

*"O heart of me, heart of my mother! O heart which I had upon earth!  
Stand not thou up against me a witness! Oppose me not, judge, in my  
quest! Accuse me not now of unfitness, before the Great God, the dread  
Lord of the West!"*

Rise and align thyself, as follows: Touching the forehead, vibrate: **אהה**;  
touching the Svadhsthana chakra<sup>2</sup>, vibrate: **אדם**; touching the right shoulder,  
vibrate: **אימה**; touching the left shoulder, vibrate: **אבראדאברא**; clasping the  
hands before the heart, vibrate: **אמדם אמן**.

Advance to the East. Formulate a pentagram as the working requires, charging  
it with the sign of Horus<sup>3</sup> and **אלה האדם מדיישה**. Retire in the sign of  
Harpocrates<sup>4</sup>. Go round to the North and repeat; but with **נ**. Go round to the  
West and repeat; but with **באבאלען**. Go round to the South and repeat; but with  
**האדית**.

Return, and facing East, recite faithfully the adoration A KA DUA from the  
Stélé 666, being: "A KA DUA TUF UR BIU BI AA CHEFU DUDU NER F N NETERU" then:

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<sup>1</sup> For example: kneeling, arms partially outstretched, hands open with palms up, head slightly raised as if looking to the beauty of a sunset off in the distance.

<sup>2</sup> The second chakra located on the level of the genitals, which encompasses the genitals and the hypogastric plexus.

<sup>3</sup> Focus is the concept behind the sign of Horus. One work executes this concept thusly, "While breathing in deeply through the nostrils, draw the hands, palms forward, to the forehead. The moment the breath is full, step forward with the left foot about twelve inches and thrust forth the hands while invoking the name, thereby "flinging" the charged pentagram to it's desired quarter." Of course, experience is the best teacher.

<sup>4</sup> Withdraw the left foot and place the right forefinger upon the lips.

"!N" and invoke Pan with "!N" in the Paeon and the signs of N.O.X.<sup>5</sup>

Extending the arms such that the body forms a cross, exclaim:

*Before me, Truth; wherein my work is ever pure and in balance. Behind me, Love; wherein acceptance and understanding are watered and nourished. On my right, Courage; wherein I overcome all obstacles to my will. On my left, Responsibility; wherein I find harmony through the recognition of my will and worth.<sup>6</sup> For this is the love-promise of*

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<sup>5</sup> As in Aleister Crowley's Star Ruby. The gestures themselves are taken from Liber Reguli from *Magick in Theory and Practice*:

Let him make the sign called Puella, standing with his feet together, head bowed, his left hand shielding the Muladhara Cakra, and his right hand shielding his breast (attitude of the Venus de Medici).

Let him give the sign Puer, standing with feet together, and head erect. Let his right hand (the thumb extended at right angles to the fingers) be raised, the forearm vertical at a right angle with the upper arm, which is horizontally extended in the line joining the shoulders. Let his left hand, the thumb extended forwards and the fingers clenched, rest at the junction of the thighs (Attitude of the Gods Mentu, Khem, etc.)

Let him give the sign called Vir, the feet being together. The hands, with clenched finger and thumbs thrust out forwards, are held to the temples; the head is then bowed and pushed out, as if to symbolize the butting of an horned beast (attitude of Pan, Bacchus, etc).

Let him give the sign Mulier. The feet are widely separated, and the arms raised so as to suggest a crescent. The head is thrown back (attitude of Baphomet, Isis in Welcome, the Microcosm of Vitruvius).

<sup>6</sup> The virtues presented are meant only as a guide and these should change as the adept better understands his own function and relationship to the universe.

Nuit, and my roaring enkindles all the worlds. By the mouth which utters, and the mouth which receives: **יְשַׁעֵי**.

End as thou didst begin: Touching the forehead, vibrate: **אֱלֹהִי**; touching the Svadhithana chakra, vibrate: **אֱדָם**; touching the right shoulder, vibrate: **אֵימָה**; touching the left shoulder, vibrate: **אֲנִי־אֱלֹהֵי־אֲנִי**; clasping the hands before the heart, vibrate: **אֱמֶדֶם אֲנִי**.

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The concept is that each of the virtues should equate to something in the universe that allows the adept to overcome obstacles to accomplish his will. With experience as a teacher, it would seem that virtues that are in accord with the nature of the four elements and the universe in general would bring the most balance and success.